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As you can see, I have learned quite a bit about dinosaurs with you, too! You have also started to get into Daniel Tiger and you really like the movie Frozen (along with every other child in America, maybe the world).

But we'll save that for the next, "Dear Caleb" blog post.

You often say, "Catch!" and ask to practice.

Laura is your teacher at A Kid's Gym in Oviedo, and she is wonderful.

Home Sunday, May 4, 2014 Dear 2-Year-Old Caleb Dear 2-year-old Caleb, Has it really been a YEAR since I've written you one of these letters? Time really has flown by this past year, even more so than for your first and second birthdays.

Thankfully, I know you're growing because you keep outgrowing shoes and clothes - but I'm sure this is only because of the supplements and formula you take.

You don't like getting messy, but you love to color and do projects where you can use tools, like paintbrushes for example.

One time, we heard you say, "Bless you" over the baby monitor while you were in your crib - you were still awake and heard me sneeze in the other room.

Your pre-reading skills are great, too! You even have some of your books memorized and you like to read them to us, especially Goodnight Moon.

You jump on him, head-butt him, and tackle him every chance you get.

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The latest Tweets from The Happy Sleeper Heather and Julie are co-authors of **The Happy Sleeper: The science-backed guide to helping your baby get a good night**

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### **Heatherturgeon.com**

Heather Turgeon, MFT is a She's the co-author of the new book The Happy Sleeper: The science-backed guide to helping your baby get a good night's sleep [ballet and modern dance ballet and modern dance ballet and modern dance by au. susan on jun-17-2002 paperback.pdf](#)

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### **Sleep consults - julie wright, mft**

I co-authored the book, The Happy Sleeper; A science-backed guide to helping your baby get a good night's sleep newborn to school age, Penguin Random House.

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