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We spend a lot more time drawing and writing these days.

It was so hard to leave you! But I knew it was best for you (and me, too).

Everything is exciting and new, even things I see every day but never gave much thought.

Your pre-reading skills are great, too! You even have some of your books memorized and you like to read them to us, especially *Goodnight Moon*.

One time, we heard you say, "Bless you" over the baby monitor while you were in your crib - you were still awake and heard me sneeze in the other room.

You are becoming your own person; your personality is emerging more and more.

Despite that, there is a sweet and nurturing side of you - and I always see it, even when you're acting out.

Home Sunday, May 4, 2014 Dear 2-Year-Old Caleb Dear 2-year-old Caleb, Has it really been a YEAR since I've written you one of these letters? Time really has flown by this past year, even more so than for your first and second birthdays.

Laura is your teacher at A Kid's Gym in Oviedo, and she is wonderful.

You often say, "Catch!" and ask to practice.

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Mark Ehrman is a freelance writer whose work appears regularly in The Los Angeles Times, Playboy, InStyle, and many other newspapers and magazines.

Author mark ehrman biography and book list - fresh

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I found "Take a Nap! Change your Life." to have fantastic insights on a subject that is ubiquitous, yet barely understood. Think of the glut of literature dealing

Mark ehrman | freelance writer/journalist

Mark Ehrman Berlin, Germany mark@markehrman.com Take A Nap! Change Your Life (Workman, 2006), and is the author and editor of the expatriate guidebook,

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Change Your Life by Sara C., Ph.D. Mednick and Mark Ehrman. News, author interviews, critics' picks and more. Take a Nap! Change Your Life Author Sara C.,

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Mark ehrman (author of getting out) - goodreads

Mark Ehrman is the author of Getting Out (3.63 avg rating, 193 ratings, 28 reviews, published 2006) and Take a Nap! Change Your Life. (3.59 avg rating, 1

Mark ehrman : npr

NPR coverage of Mark Ehrman: News, author interviews, critics' picks and more. Take a Nap! Change Your Life. by Sara C., Ph.D. Mednick and Mark Ehrman. Paperback,

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