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You tell the best stories! Your facial expressions and hand gestures are fabulous.

Now you love it! You get gymnastics and outside playtime and so many different kinds of crafts.

You say things like, "I got it" and "I spy a bow.

"YAY! We made the green light!" Your imagination has been sparked over the past year.

You turned two and it was like a switch was turned; you entered the terrible twos with full-force and never looked back.

You like sorting things, especially by color.

.I didn't know if I could do it.

I'm very proud at the progress you've made.

Playing ball makes you very happy and it's clear there will be a lot of sports in your future.

You have an impressive vocabulary that is growing every day.

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Jack Kornfield was trained as a Buddhist monk in Thailand, Burma, and India and has taught around the world since 1974. He also holds a Ph.D. in clinical psychology

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