

**Aleph-Bet Yoga: Embodying The Hebrew Letters For Physical And
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Your pre-reading skills are great, too! You even have some of your books memorized and you like to read them to us, especially Goodnight Moon.

We spend a lot more time drawing and writing these days.

One time, we heard you say, "Bless you" over the baby monitor while you were in your crib - you were still awake and heard me sneeze in the other room.

It was so hard to leave you! But I knew it was best for you (and me, too).

Everything is exciting and new, even things I see every day but never gave much thought.

Home Sunday, May 4, 2014 Dear 2-Year-Old Caleb Dear 2-year-old Caleb, Has it really been a YEAR since I've written you one of these letters? Time really has flown by this past year, even more so than for your first and second birthdays.

Laura is your teacher at A Kid's Gym in Oviedo, and she is wonderful.

You are becoming your own person; your personality is emerging more and more.

You often say, "Catch!" and ask to practice.

Despite that, there is a sweet and nurturing side of you - and I always see it, even when you're acting out.

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All Books by Benjamin Rapp, Embodying the Hebrew Letters for Physical and Spiritual Well-Being Stephen H. Rapp is the author of following books: